

## Discussion Guide

02/23/2025

# Training Day WK4

## I Choose This Day

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### Main Idea

Every day, we need TRAINING to prepare and be equipped for the supernatural mission God is calling each and every one of us to. But sometimes, training can feel like we're being held back, right? But God wants to IMPART and EMPOWER and INVEST in you!!

### Anchor Passage

All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. God uses it to prepare and equip his people to do every good work. (2 Timothy 3:16-17, NIV)

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#### 1. The Bible: Our Training Tool

Then Bible, our training guide, is there to correct, direct, encourage, and empower us for daily living.

Read: 2 Timothy 3:16, John 8:32, Matthew 22:29, Colossians 3:1-17

**Question:** The Bible is described as both a tool for correcting and a guide for living in alignment with Christ. How can we cultivate humility in our approach to Scripture so that we allow it to correct us, and what practical steps can we take to make daily Bible reading a regular part of our lives to experience its transformative power?

#### 2. Life: Our Training Guide

Life brings both joy and adversity. Life positions us for understanding.

Read: Romans 5:3-5, James 1:2-4, Psalm 34:19, Romans 8:28, James 4:7

**Question:** James 1:2-4 teaches us to 'consider it pure joy' when facing trials because they produce perseverance. In moments of adversity, how can we shift our perspective to choose joy and trust in God's purpose, even when we don't fully understand the trial? What are some practical ways to actively resist the enemy's attempts to discourage us while embracing the lessons God wants to teach us through difficult circumstances?

### 3. The Mission: The Purposed and Chosen Place of Application

God has a mission for each of us, and it's important to align our lives with His purpose rather than being distracted by personal ambitions. By applying God's Word and the lessons learned through perseverance, we can live out His mission every day with a focus on Jesus.

Read: Ephesians 3:20, John 8:12,

**Question:** How does choosing to be trained by God shift our perspective on challenges and the potential impact of our lives, and what steps can we take today to surrender to His training and power?

## SUMMARY

In order to be equipped for God's mission, we must be trained through three key areas: the Bible, life experiences, and the mission. The Bible guides and corrects us, life challenges us to persevere and choose joy, and the mission provides purpose by applying the lessons we've learned to serve God. By embracing God's training, we are empowered to accomplish more than we could imagine, with His strength and purpose leading the way.

## CALL TO ACTION

**Commit to Daily Bible Reading:** Set aside time each day to immerse yourself in Scripture, allowing it to correct, teach, and equip you for the challenges ahead. Start today, knowing that the wisdom you gain will be essential for tomorrow's mission.

**Embrace Life's Trials with Joy and Perseverance:** When facing adversity, choose to see it as an opportunity for growth. Reflect on how God has been faithful in past trials, and actively choose joy and trust in His purpose for you, even in the midst of difficulties.

**Identify and Engage in Your God-given Mission:** Take time to seek God's guidance for your daily mission and recognize how the lessons you've learned through perseverance and faith can be applied to serve others and glorify Him in your unique mission field.

## GROUP LEADER RESOURCE

**Icebreaker:** Would you rather?

- Visit the doctor or the dentist?
- Watch TV or listen to music?
- Have a beach holiday or a mountain holiday?
- Be invisible or be able to read minds?
- Be hairy all over or completely bald?
- Be the most popular or the smartest person you know?
- Always be cold or always be hot?
- Not be able to hear or not be able to see?
- Be stranded on a deserted island alone or with someone you don't like?
- See the future or change the past?