

Discussion Guide

02/02/2025

Training Day

I'm Called, But I'm Still In Training

Pastor Daniel Groves

Main Idea

Everyone wants to succeed, but not everyone wants to train. Whether it's in sports, academics, or faith, training is what sets apart those who are ready for the mission from those WHO ARE NOT. Throughout this series we are going to be looking at "...how we can be more prepared and more equipped for the mission that God has for us."

Spiritual Training is not optional; it's essential.

Anchor Passage

All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. God uses it to prepare and equip his people to do every good work. (2 Timothy 3:16-17 NLT)

Read James 1:22 and 1 Samuel 16:10-13

1. **Our Training Starts With Daily Prayer & God's Word**

Spiritual growth requires intentional "training seasons" where, like David, we embrace quiet moments of intimacy with God, allowing Him to search our hearts and prepare us for the bigger challenges ahead.

Read: Psalm 5:3 and Psalm 139:23

Question: What are some 'training seasons' in your life where you've experienced growth, and how can you intentionally create space for spiritual training today so that you're ready when the 'game day' moments come?

2. Our Training Will Require Testing

The challenges you're facing now are part of God's training, preparing you for greater victories ahead, so instead of asking "Why is this happening?", ask "What is God training me for?" as you embrace the testing that strengthens your faith.

Question: What current 'small battles' or challenges are you facing that could be preparing you for bigger victories ahead? How can you shift your perspective to see these struggles as part of God's training for your next season?

3. Our Training Is a Lifelong Commitment

The key to finishing strong in our spiritual journey is a lifelong commitment to continually growing in God's Word and presence, staying equipped for every good work and never stopping our training.

Read: Psalm 119:104-105

Question: What are some practical ways you can commit to daily training in God's Word and presence, and how can you ensure you're continually growing in your faith, even during busy or challenging seasons?

SUMMARY

God has a mission and call for each of us, but we must be trained and equipped. Like David, We may start small, face trials, we've experience some setbacks, but a setback is simply a set up for a phenomenal comeback and if we stay rooted in God's Word, we will be ready for every good work He has called us to.

CALL TO ACTION

Here are three life application calls to action based on the sermon notes:

1. Commit to Daily Spiritual Training: Set aside intentional time each day to read God's Word and pray, treating it as your spiritual "workout" to strengthen your faith and prepare for the mission God has for you.

2. Embrace the Challenges as Preparation: Instead of avoiding difficulties or asking "Why is this happening?", ask "What is God training me for?" and trust that each challenge is part of the process to equip you for bigger victories ahead.

3. Stay Engaged in Lifelong Growth: Commit to continuous growth in God's Word and surrounding yourself with godly relationships that keep you accountable, knowing that spiritual training is a lifelong commitment essential for fulfilling your calling.

COMING UP

HC Group Launch: February 2 - <https://hopecity.com/get-connected/hc-groups/>

Game Day: February 9th

GROUP LEADER RESOURCE

Icebreaker: Your Life, Your Movie

If there were a movie about your life, what genre would it be and who would you want to play you in the film, and why?

(This is a good way to get a sense for what kind of films your participants enjoys and how they see themselves.)