

Discussion Guide

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Your Yes Changes Lives

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Main Idea

From a young age, we had no issue learning the word “NO.” It’s built into our sin nature and DNA. Maturity in a person, and as a believer in Jesus is learning to walk in the power of saying “YES.” Saying YES takes boldness, its harder, scarier, riskier, terrifying at times. NO is easy, oh but the power of a YES

Anchor Verse:

“For all the promises of God find their Yes in him. That is why it is through him that we utter our Amen to God for his glory.” (2 Corinthians 1:20 ESV)

Your YES Has A Journey

You may not have everything you want just yet, but don’t let go of what you do have! Hold on to your vision, your word, your blessings, your prayers, and the miracles you’ve experienced. Don’t Hang Up.

Read: Acts 16:16-40

How do you maintain your faith and perseverance when you feel like you're in an "11:59" darkness and things don't seem to be aligning as expected? What practical steps can you take to stay encouraged and keep moving forward when faced with discouraging circumstances?

Your YES Fuels Your Soul

Your willingness to say "Yes" and share the Good News fuels your soul and brings true life, much like the Sea of Galilee, which remains vibrant because it both receives and gives out water. In contrast, holding onto blessings selfishly, like the Dead Sea, leads to

spiritual stagnation, emphasizing the importance of giving and serving to maintain vitality and purpose.

Read: Romasn 10:14-15

Reflecting on the analogy of the Sea of Galilee and the Dead Sea, how can you ensure that you are not just receiving blessings but also giving them out? What practical steps can you take to prevent a "Dead Sea" mindset and instead embrace a life of active generosity and service?

Your YES Is Eternal

Jesus's frequent teachings on Hell highlight its reality and the urgency of salvation, emphasizing that Hell was not created for people but as a consequence of sin. The parable of the rich man and Lazarus underscores the eternal separation and torment of Hell, contrasting it with the promise of Heaven for those who accept Jesus and follow His teachings.

Read: Luke 16:19-31; Matthew 25:41; Titus 2:11-13; John 10:10

Given the Bible's depiction of Hell and the importance of salvation through Jesus, how can you personally ensure that you and those around you are firmly rooted in faith? What practical steps can you take to actively share the message of salvation and demonstrate the hope and rest found in Christ?

SUMMARY

Saying "Yes" is a powerful act that requires courage and commitment, contrasting with the ease of saying "No." Biblical heroes like Noah, Abraham, Peter, and David demonstrated how their willingness to say "Yes" led to transformative impacts despite challenges. Paul's journey in Acts 16 exemplifies the difficult path of saying "Yes," showing that persistence through trials can lead to significant outcomes. Ultimately, your "Yes" holds eternal significance, driving both personal growth and the spread of the Good News.

CALL TO ACTION

1. Read John 10:10 again - memorize it.
2. Reflect on your most recent "Yes" and "No's" and how they have effected not only you, but those around you?

3. Respond to what Jesus is speaking to your heart about where you need begin to say "YES" on your journey. Ask God what needs to change and then respond in obedience.

GROUP LEADER RESOURCE

Game: "Yes or No Challenge"

Objective: Engage participants in a fun, interactive game that highlights the challenge and importance of saying "Yes" versus "No."

Preparation: Write a series of scenarios on index cards or slides, where participants must decide whether they would say "Yes" or "No" to each situation.

Example Scenarios:

- "You have to give a public speech in front of 100 people."
- "You're invited to volunteer for a community service project."
- "You're asked to help with a church event that's on a day you usually rest."

Activity:

Divide participants into teams or play individually. Present each scenario and ask participants to choose whether they would say "Yes" or "No" and explain their choice. After each round, discuss the implications of each choice and relate it back to the biblical principle of saying "Yes" and the impact it has on personal growth and spiritual journey.

Scoring: You can keep track of how many participants choose "Yes" versus "No" and offer small rewards or recognition for the most insightful or brave answers.

Purpose: This game emphasizes the challenge and importance of making bold decisions and helps participants reflect on how their choices align with their faith and commitment to saying "Yes" to God's calling.

Reflection Questions Post-Game:

- How did it feel to consider saying "Yes" to each scenario?
- In what ways do you see the impact of saying "Yes" in your own life or in the lives of others?
- How can we support each other in making bold "Yes" decisions that align with our faith and values?