



Discussion Guide

01/07/2024

The Reset: Yield Week 1 New Year, New Mindset

Pastor Daniel Groves

Main Idea

Today we kick off 21 Days of Prayer and Fasting and our new series, The Reset: Yield. The word yield can have two meanings. One refers to harvest, and the other to surrender. Today we will see God's Word has given us a filter that reveals His truth to us so that we can reset our mindset

Anchor Verse: You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you! (Isaiah 26:3)

Jesus is the Reset

Where Adam opened the door to sin, He Jesus who knew no sin became sin that we might become the righteousness of Christ.

What things specifically did Jesus reset in your life the day you began a relationship with Him? How are things different now? What do you need to allow Jesus to set in your life this year?

Read: Genesis 3:1-6; James 5:16; Romans 5:17

Maintenance IS Required

Any part of your life that you neglect to maintain will become a foothold for the enemy to enter into your life.

What are you doing to maintain your spiritual growth process? What would it look like for you to accept the first 20 challenge? What might the benefits be for you?

Read: 2 Corinthians 10:5, Psalm 4:23; Hebrews 4:12

We Win

This world is but a vapor. We are here today and gone tomorrow. But when you walk in a relationship with Jesus, you live a life with a heavenly-focused perspective where you will one day spend eternity.

What areas of your life do you need to hold on to the hope that since Jesus won, you will win?

Read: Revelation 1:8

SUMMARY

His plan always started and ended with a dwelling place for His people where we find rest in His presence. Even though the enemy may have taken a foothold in the midst of your journey, God can, and will redeem your entire life if you call on His name. Today there are so many things that try to rob us of the will of God for our lives, but the key is to reset our mindset.

CALL TO ACTION

1. What are some areas of your life that you have left on autopilot? Examine those areas and determine what/who has invaded and built a nest.
2. Pastor Daniel mentioned that the first step to reset our mindset is to introduce accountability (See James 5:16). Who has God placed in your life that you can build that type of relationship with? Consider [LEADING](#) or [JOINING](#) a Connect Group so that you can build authentic relationships and grow your spiritual life..
3. Pastor Daniel also talked about the benefits of removing contaminants and how the Word of God filters out the murky, messy things in our lives. Commit to the first 20 challenge and schedule it on your calendar as a priority.

GROUP LEADER RESOURCE

Game: Tick-Tock-Tic-Tacs

This minute-to-win-it game requires nothing more than a couple of handfuls of the popular breath mints, some paper plates, and a pair of tweezers.

Here's how it works: Guests compete to move as many Tic Tacs from one plate to another in 60 seconds using only the tweezers. The game proceeds one at a time, and whoever transfers the most mints wins the prize. If you have enough supplies, you can have a few people race at the same time.