



Discussion Guide

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The Hundred-Foot Journey

Pastors Daniel & Jackie Groves

Main Idea

We have all faced situations in life where we have stopped and asked, What now? What do you do after a loss like this? Where do you go when life has seemingly forced your hand? Can anyone truly begin again? For many, these are the questions that we will face at some point in our lives. In today's message, we will see that even amid great sorrow, we should never give up.

1. There is a great blessing for us.

When you WAIT on God, He provides you with all you need and then some! You still may have a hurdle or two to climb over, but if you choose to wait, He will give you strength in the waiting and blessing in the provision.

What have you been waiting on God for? What might be some hurdles that you are still climbing?

Read: Isaiah 40:31; Galatians 6:9

2. Share my giftings His way.

In life, you may encounter people who carry a bias towards what God has chosen to bless you with, and who will look down on your giftings that God calls good. But what if your "spice" is exactly what the world needs?

What are the giftings God has given me and the experiences He has entrusted to me? How can I share them with the world?

Read: Matthew 5:13; Psalm 139:14;

3. Sometimes you just need to cut some ties.

What starts as an innocent enough rivalry can often time grow into something much bigger. And those around you will either call you higher or bring you lower.

What have you been tolerating that you should be terminating? Is there the presence of a negative influence in your life or a habit you've allowed to exist for far too long? Is it a friend group or a work dynamic that continues to pull you into sin?

Read: Psalm 139:23-24; 1 John 2:16-17

4. The right things pursued will strengthen you

When we do the math God's way, trials can still end in triumph. The story of Joseph shows this to us first-hand.

What is something that the enemy is trying to use to harm you? How can you envision God using that for His good?

Read: Genesis 50:20; Psalm 46:1

5. The use of your gifts would never come at the cost of your joy

There may be seasons that are a challenge, but when they align with God's plans for you, there will be grace to endure.

In what ways do you see your life full of joy, or filled with despair? In what ways are you waking up with anticipation rather than apathy?

Read: Matthew 11:28-30; Mark 8:36; Psalm 90:1; John 14:6; Romans 10:9

SUMMARY

Maybe like Hassan, life hasn't made sense as you had hoped, or maybe it's this season that challenges your faith a bit. Maybe you even are aware of your gifts and what you are called to, but right now your heart feels far from home. While there may be a place in your mind that you identify as home, let me encourage you in this; what ultimately will bring the joy you desire, is that your heart will find a home in Jesus.

CALL TO ACTION

1. Take some time this week to talk with a few of your spiritual influencers and discuss what you feel are your gifts and experiences that you can share with the world.

2. Read 1 John 2:16-17 again and examine your life to determine if you are focused on the right things.
3. Go back and read about the life of Joseph from Genesis 37-50. What lessons can you learn from his life?
4. Invite at least one new person to join you next week for At The Movies!

GROUP LEADER RESOURCE

Game: Sticker Stalker

Materials needed: Pack of stickers. (This one is a great Christmas party game or Halloween party game, so try to find stickers that suit the occasion.)

Give everyone one sheet of five to 10 stickers (or less, depending on the size of the group). This game works best during your hand-out time when everyone is mingling and having refreshments. Each person must discreetly place all their stickers on other group members; the first to use all their stickers wins. If they get caught stickering someone, they must accept a sticker. At the end of the evening, you can laugh about how sneaky some people are—and wonder how you ended up with stickers all over your back without even noticing.