



Discussion Guide

Custom Fit Wk 1

8/06/2023

I Have To Pray Just To Make It Today

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Main Idea

In week one of our new series Custom Fit, we are going to talk about how prayer is a custom fit for every believer. As a follower of Christ - prayer is a fundamental part of the life of a believer. Prayer is Custom Fit for your life and there are 3 categories that our prayers will typically fall within.

1 Thessalonians 5:16-18 (NIV)

Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.

1 John 5:14

This is the confidence we have in approaching God: that if we ask anything according to his will, He hears us.

Prayers Of Desperation

Oftentimes desperate prayers are the prayers we pray when we don't know where else to turn. When we experience desperation, we're not helpless because he is always able. What are your current prayers of desperation? What are your expectations?

Read: Psalms 27:1, 34:4-8, 37:25, 46:1; Romans 10:17; 2 Corinthians 4:8-9

Prayers of Inspiration

These prayers are where we take initiative and pursue in prayer the ideas and dreams that God has given us. Have you ever felt the Holy Spirit nudging you towards

something, an opportunity, a desire, maybe someone to bless? What were the specifics? How did you respond? What was the result?

Read: Proverbs 11:25; John 14:26; 2 Corinthians 9:8

Prayers Of Exaltation

To exalt means to lift high. Like when you lift an umbrella up in the rain, it's to set something up over you. Something that you allow as a covering. As believers, it must be Christ alone who we exalt. In what ways do you exalt Christ during the week and even daily?

Read: Acts 17:24-28

SUMMARY

I believe that the favor of God is overshadowing our Church during these 21 days of prayer and fasting. God is eager to answer. Eager to attend to our needs. Are we gathering with expectation? Our pastors are challenging us a little bit because our heart is that you would encounter His presence and provision in this season like you never have before. We need to have expectation and we need to show up full of faith as we pray prayers of desperation, inspiration, and exaltation.

CALL TO ACTION

1. Get together with someone you are doing life with and share your prayers of desperation with one another. Then pause for a few moments and pray over each other's requests.
2. Write down your Holy Spirit ideas and dreams. As you pray over those inspirations, write out a few action steps of faith to see them through.
3. Think of all the ways that God has been a covering for you in the past. Share those occasions with others as a testimony and encourage others with your experiences.
4. Mark your calendars for 21 Days of Prayer and fasting beginning August 6 through August 26. We will be hosting Saturday morning prayer (9am) at all of our campuses on August 12 and 19.

GROUP LEADER RESOURCE

Game: Marshmallow Challenge

The Marshmallow Challenge is more of a team-building activity, but can also demonstrate the power of praying together and serving together.

To play, divide participants into groups of three or four and give each group 20 sticks of dry spaghetti, a long piece of string, some tape and a marshmallow. The goal is to see which team can build the tallest structure with the marshmallow on top of the finished product. This game gets individuals to collaborate and quickly brainstorm potential solutions. The most successful teams work together, without wasting time competing for power and quickly then come up with an alternative solution if their original idea fails.

After announcing the winning team, talk about how it relates to working together as a church...serving, praying, and ministering together.