



Discussion Guide - Custom Fit Wk 4

8/27/2023

Thanks, My Dad Bought Me This Outfit

Pastor Daniel Groves

Main Idea

We have access to something that we often overlook. It is an awareness of an armor that God makes available to us. Not a physical armor, but a spiritual armor. Paul uses a symbol of oppression, to breathe the hope of liberation. Today for the last part of our custom fit series we're going to be talking about the helmet and the sword. When I think of armor, I think of clothing. It's something we should wear every day.

Isaiah 54:17 (AMP)

"No weapon that is formed against you will succeed; And every tongue that rises against you in judgment you will condemn. This [peace, righteousness, security, and triumph over opposition] is the heritage of the servants of the LORD, And this is their vindication from Me," says the LORD.

Read: Ephesians 6:10-17, 1 Chronicles 4:10, Proverbs 16:9

Don't Forget Your Helmet

The helmet of salvation is what provides peace of my mind. There was protective padding on the inside to shield the soldier from a blow to the head. When we choose to wear the helmet of salvation, it protects your mind from lies, doubt and deception, toxic thinking.

What lies and rationalizations are Satan trying to convince you of?

How does Paul tell us to respond when this happens?

Read: 2 Corinthians 10:5, Colossians 3:2

His Word Is Our Weapon

Just as with a real sword, we need to learn how to use God's Word. We have to study it, and know how to apply it. This is the only offensive weapon we are given. Jesus knew the word of God and was able to defend and attack the devil. We can and should do the same.

Can you remember a time when you were able to use the Word of God to turn the tables on the enemy? What is the last scripture that you memorized and why?

Read: Hebrews 4:12, Matthew 4:1-11

We Can Wear It And It Won't Wear Out.

The armor of God is fashioned by grace, which is the provision of a perfect God. So the armor is perfectly formed and is entirely complete. When we put on the full armor, it can more than endure. It will stand and we will overcome.

What are you intentionally doing to daily put on the armor of God?

SUMMARY

Our heavenly Father offers you an outfit that is custom fits with the way He has fearfully and wonderfully made you. He has supplied 6 pieces of armor for each, and everyone of us to wear every single day. We have access to this spiritual armor as his sons and his daughters. But it's a choice to put it on every single day.

CALL TO ACTION

1. Take personal inventory of the things that seem to steal your peace and make you anxious. Discover what the root cause can be traced back to. Then examine Colossians 3:2 and 2 Corinthians 10:5 so that you can move towards the peace that comes from your identity in Christ through salvation.
2. Read through Matthew 4:1-11 and review how Jesus used the Word of God to overcome the temptations of the devil. Look for similarities to how you are tempted and how you too can overcome.
3. Take what you've learned through the past 21 days of prayer and the *Custom Fit* series, and share it with others.

GROUP LEADER RESOURCE

Game: The Name Game

We all know how tough it can be to remember a bunch of names (and how embarrassing it is to have to ask people what their names are later on). The name game can help make it easier to keep track of who is who and is a fun memory game.

To start off, one person says their name. The next person says the first person's name and then their own name. The third person says the first two names and then their own and so on. This works really well with groups of eight to ten people and by the end, hopefully, people will have remembered the majority of people's names. If someone gets stuck, make sure to encourage the other attendees to step in and help. This helps transform the activity from a conversation starter to a basic teamwork activity.

To make it even more interesting, go multiple rounds and add a new piece of information each time. For round two add what they do for a living. For round three, add what their favorite hobby is. See how many rounds you can go and still remember everyone's details!