

Discussion Guide

Stronger Wk1

5/7/2023

Flip the Switch

Pastors Daniel & Jackie Groves

Main Idea

Just like in Isaiah 41, the Israelites were not the only ones facing DEFEAT and DESPAIR! Pretending doesn't FIX anything - it doesn't strengthen. Jesus didn't go to the cross so we could get good at pretending. He came to give us hope that leads to transformation.

Isaiah 41:10 (NIV)

"So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."

Additional Scripture: Psalm 142:1-7, John 16:24,

Society Aims to Program Us, But the Word Should Be Training Us

No matter how much confusion spreads in the world, truth will forever remain. So where there is confusion, take it to the Word. Who does the Word say you are? What does the Word say you have?

Additional Scripture: Romans 12:2, Psalm 119:105, 2 Timothy 3:16-17, John 1:1; 17:17

Self-Focus Limits Us, But Christ-Mindness Empowers Us

The enemy will use any tactic to keep your focus inward and on yourself. We need to switch our focus to JESUS. What or who do you honestly see as being the center of your attention? How can you become more Christ-minded?

Additional Scripture: Proverbs 18:1, Isaiah 26:3, Philippians 2:2,

You've Got This ONLY Because God's Got You

We don't "have this" because of any great victory that WE secured. We all need Jesus everyday. It's not a weakness to have difficult moments. It's humanity. We need the help of the Helper to have our strength renewed.

Additional Scripture: Psalm 34:17-18, Matthew 11:28

SUMMARY

In order to get stronger inside, we have to make some mental switches. We have to intentionally choose to change our minds in some areas.

CALL TO ACTION

1. Pastor Jackie mentioned it seems as if "HELP" is a ugly word. If you are facing defeat, depression, or despair and would like some help, text "HELP" to 448448..
2. Be intentional this week to ask people how they are doing and truly mean it. Take some time to demonstrate compassion and be an encouragement to others.

A great way to make connections and be an encouragement to others is by [Leading](#) or [Joining](#) a Connect Group, or serving on a [Dream Team](#). If you need assistance you can email info@hopecity.com.

GROUP LEADER RESOURCE

Game: Flag of Me

Everyone creates a flag that would represent themselves as a country. What country's values do you represent? Would you like to live there if given the chance? Your answer reveals quite a bit about you.

Provide sheets of paper, pens, markers, and anything else you have nearby to help them add to their creativity. (Another creative element is to use old magazines to cut up and add some flair.)