

DISCUSSION GUIDE

That's Uncomfortable | Pastor Jackie Groves
Summer at Hope City | Week 2

Scripture

Matthew 14:22-33

Main Idea

We have all experienced a moment that you thought to yourself, "That's Uncomfortable." Maybe you witnessed a well-put-together person with a trail of toilet paper stuck to the foot as they walked out of the restroom. Maybe you have seen a parent with a toddler losing their mind in public, and we stare. Life has its uncomfortable moments, and nobody wants that. No one volunteers to be uncomfortable. Today we will look at a moment in Peter's life when he was able to be confident with being uncomfortable.

JESUS CALLED PETER INTO THE UNCOMFORTABLE.

When have you experienced a moment where you figuratively "stepped out of the boat" and things got uncomfortable? What exactly made it uncomfortable?

Read: Romans 12:2; John 16:33; Joshua 1:9; Romans 12:2

What has been uncomfortable for you in your journey of faith?

The walk to Jesus may be uncomfortable, but we can take courage knowing that He has already overcome.

THREE WAYS TO BE CONFIDENT AND UNCOMFORTABLE

1. FOCUS MORE ON HOW GOD LEADS THAN HOW YOU FEEL.

Read: Isaiah 42:16

Pastor Jackie told us that we need to process our feelings so that we are not held hostage by them. What feelings are you processing to focus on God's leading?

2. POSITION YOUR PRACTICES TO LINE UP WITH YOUR PURPOSE.

Read: James 4:8

Pastor Jackie encouraged us to make choices to put us closer to where and who we want to be. If God is to find you in the season that you're in, how are you positioning your boat closer to the presence of God?

3. REMEMBER YOUR PEACE IS NOT DEPENDENT ON YOUR CIRCUMSTANCES

Read: Jeremiah 29:11-13

How are you embracing the uncomfortable and stepping out of the safety of your boat?

Most people don't lack the drive to succeed but rather the willingness to be uncomfortable.

Summary

Jesus saw the storm the disciples were in, and He sees yours. He could have spoken to the storm from the shore, but He chose to reveal Himself in the middle of it! He is greater than every storm. Sometimes He calms the storm; other times, He asks us to get out of the boat to see the source of our strength. To be free, we must embrace the moments of discomfort and refuse to run away. We must get out of the boat and focus, position, and remember.

Call To Action

1. Make a list of the things that make you genuinely uncomfortable regarding your faith journey. Determine what the source of that discomfort is.
2. Find at least ONE thing that you can begin doing this week to help position your boat closer to the presence of Jesus.
3. Meditate on Jeremiah 29:11-13 and write down what God speaks to your heart.

Group Leader Resource

Game: My N.A.M.E.

Give group members 3 to 5 minutes to think of interesting facts that correspond to the letters of their first name.

Have each participant share their acronym.

An example:

Hi, I'm Heather.

H is for horses, my favorite animal.

E is for eating, my favorite activity.

A is for Australia, the country I am currently traveling to.

T is for television because I like to watch it in the evenings.

H is for holidays, something I like to do more than once a year.

E is for exercise, which I do five times a week.

And R is for Rome, a city I really want to visit.