



HOPE CITY

KIDS

PRAYER GUIDE



HOPE CITY **KIDS**

DEAR FRIEND,

We are so proud of you as you begin, or continue, this powerful journey of discovering your own personal prayer life. Learning what prayer is, how to pray, and how important prayer is to your everyday life is one of the most important things you can do as a believer in Jesus. From day one, our church has always set out to be a people of prayer. We want to pray first in every situation, good or bad. Jesus is always the answer, He is our best friend, and He is always ready to talk with us.

Praying with Jesus is not only something that we need in our lives; it should be something that we want to do. The more we learn about prayer, the easier it becomes. The easier it becomes, the more fun it is! Praying and talking with Jesus should be the best part of our day! We hope you will use this prayer journal to make your prayer life more personal. When you find out how to have real conversations with Jesus every day, then you will experience the presence of God, and that will change your life in the best way possible.

*Once you learn how to pray,
you can make it a part of your everyday life.*

You can pray:

*Before the day begins – Before you go to school – Before you hang out with your friends – Before practice –
Before you play a big game – Before you go to bed – When something bad happens – When something good happens – In every situation – PRAY FIRST!*

We pray blessings over your prayer life, because prayer changes everything.

- Hope City Kids Team

Lifestyle Prayer

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed. (Mark 1:35)

Here's what we see:

He prayed every day.
He prayed in a certain place.
He prayed with a plan.

1.TIME

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed. (Mark 1:35)

2.PLACE

We see that Jesus had a certain place that He would go to pray. We need to have a place that doesn't have any distractions, noises, or things that would keep us from focusing on Jesus.

My favorite place to pray is: _____

3.PLAN

We also see in the Bible that whenever Jesus prayed, He always had a plan. He had things on His heart that He wanted to pray for, and knew how He wanted to pray for them.

DID YOU TALK TO GOD TODAY?

YES

NO

NOT YET

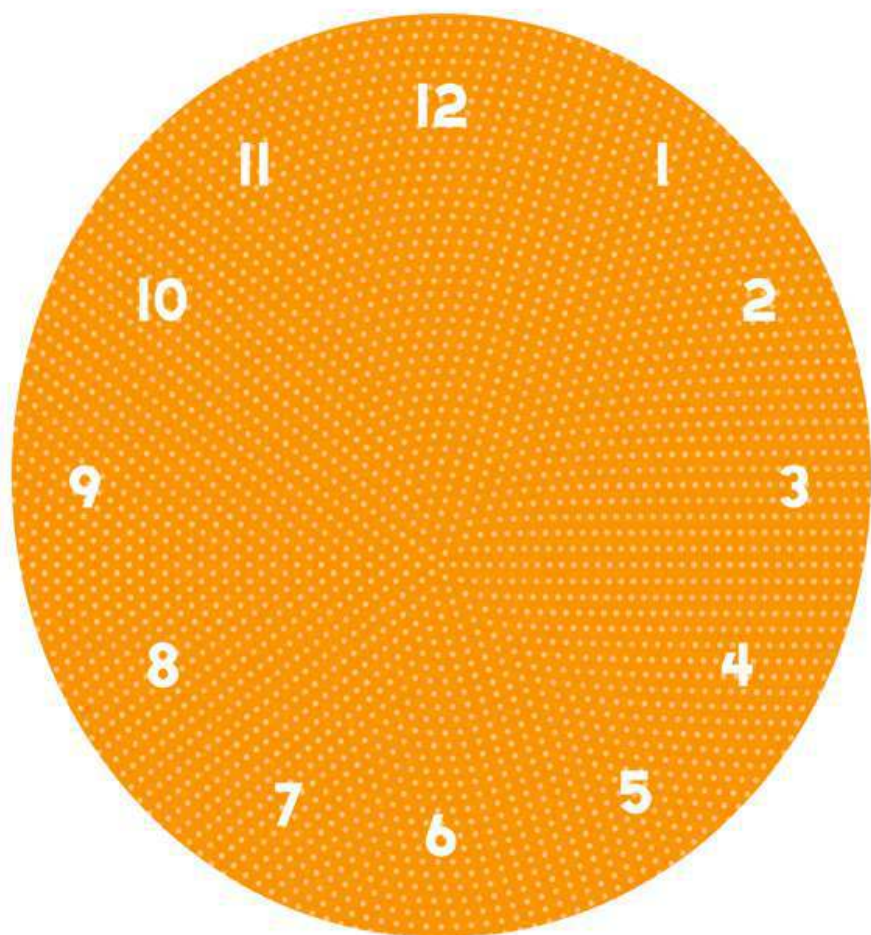
When will your prayer time be? Use a pencil to to circle your answer or answers

When I wake up

In the afternoon

Before I go to sleep

Use A Pencil And Fill In The
Time That You Prayed Today !



THE LORD'S PRAYER

One day Jesus was praying in a certain place. When He finished, one of his disciples said to him "Lord teach us to pray..." (Luke 11:1)



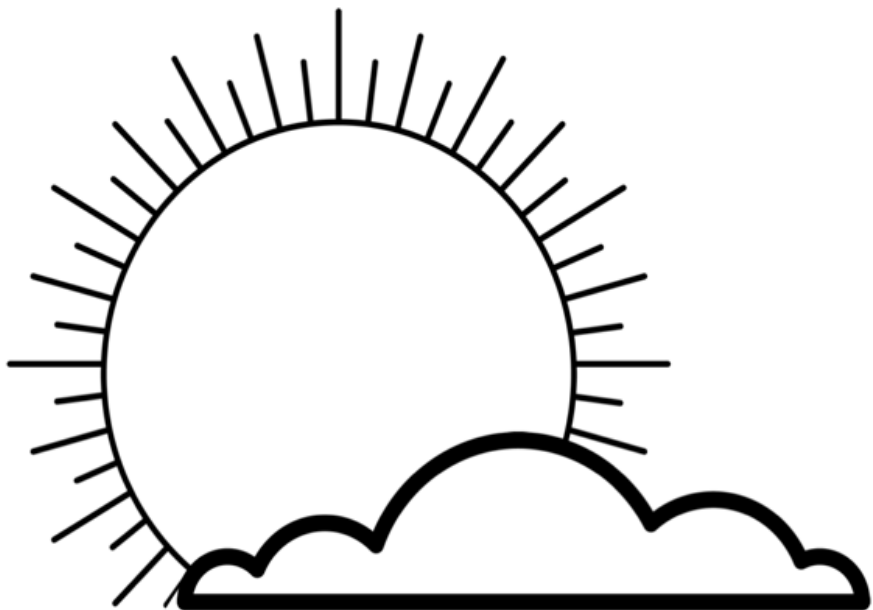
Our Father in heaven, Hallowed be Your name. Your kingdom come. Your will be done, On earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, As we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever amen."

LIST SOMETHINGS YOU COULD SAY TO START YOUR PRAYER WITH GOD .

Examples: "Dear God...", "Hi Dad!", "Good Morning Lord!", "What's up Jesus!"



“OUR FATHER
IN HEAVEN...”



**CONNECT WITH GOD. HE IS
YOUR LOVING FATHER.**

**HALLOWED BE
YOUR NAME**

JESUS



WORSHIP HIS NAME.

**GOD'S NAME IS A PLACE OF PROTECTION-
GOOD PEOPLE CAN RUN THERE AND BE SAFE.
(PROVERBS 18:10 MSG)**





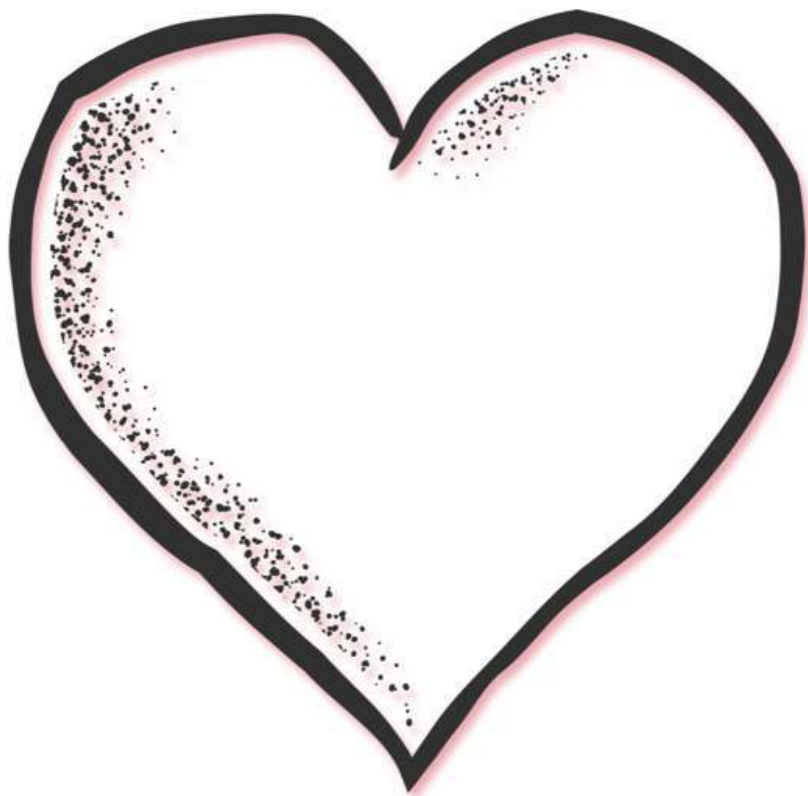
**"... YOUR KINGDOM COME,
YOUR WILL BE DONE.
ON EARTH AS IT IS IN HEAVEN..."**



Pray for what He wants (Pray His agenda first)

*He will always give you all you need from day to day if you will
make the kingdom of God your primary concern.
(Luke 12:31 TLB)*

“And Forgive Us Our Debts, As We Forgive Our Debtors...”



MAKE SURE YOUR HEART IS
RIGHT WITH GOD AND WITH
PEOPLE.

**“IF WE CONFESS OUR SINS,
HE IS FAITHFUL AND
JUST AND WILL FORGIVE
US OUR SINS AND PURIFY
US FROM ALL OUR SINS.”
-JOHN 1:9**

**“AND DO NOT LEAD US INTO
TEMPTATION, BUT DELIVER US
FROM THE EVIL ONE...”**



**REPLACE ANY LIE THAT THE ENEMY HAS TOLD YOU
WITH THE TRUTH OF GOD'S WORD.**

**“FOR OUR STRUGGLE IS NOT AGAINST FLESH AND BLOOD, BUT
AGAINST THE RULERS, AGAINST THE AUTHORITIES, AGAINST THE
POWERS OF THIS DARK WORLD AND AGAINST THE SPIRITUAL FORCES
OF EVIL IN THE HEAVENLY REALMS.”**

EPHESIANS 6:12

Tell Jesus how great He is.

A jump start to praying this way is below. Fill in the blanks and add your own praise and worship as you talk to Jesus about how great He is!

Look up Scripture as you walk through the outline.

Hi Jesus!

I love You so much!

1. Thank you _____ (Psalm 100:4, 118:24)

2. I love that You created _____

3. When I'm outside, I notice _____ In your beautiful Creation!

4. God, You made me. Thank you for my ability to _____ (Mark 12:30)

You love me for who I am, no matter what.

Thank You for being my God and my friend. I love You!

In Jesus' name, Amen.

PRAYING

THROUGH THE
ARMOR OF GOD...

LORD.

TODAY I PUT ON THE FULL ARMOR OF GOD. I AM PROTECTED. I PUT ON THE BELT OF TRUTH TO SPEAK AND WALK HONESTLY. I WILL PUT INTO PLACE THE BREASTPLATE TO DO WHAT IS MORALLY RIGHT. I WILL STRAP ONTO MY FEET AND BE READY WITH THE GOSPEL OF PEACE.

ON MY ARM I WILL CARRY THE SHIELD OF FAITH AND BLOCK THE ATTACKS FROM THE EVIL ONE. I KNOW GOD IS WITH ME.

ON MY HEAD I WILL WEAR THE HELMET OF SALVATION. JESUS LOVES ME AND I BELONG TO HIM!

WITH MY SHIELD IN ONE HAND, I WILL CARRY THE SWORD OF THE SPIRIT WITH ME IN THE OTHER. IT IS THE WORD OF GOD.

I WILL PRAY ON ALL OCCASIONS, EVERYWHERE, FOR ANYTHING. I WILL BE ALERT AND NEVER STOP PRAYING DAILY FOR THOSE AROUND ME.

IN JESUS' NAME, AMEN.



**"... FOR YOURS IS
THE KINGDOM
AND POWER AND THE
GLORY FOREVER AMEN."**



God can do anything(believe it)

Oh, sovereign Lord, you have made the heavens
and the earth by your great power and
outstretched arm. Nothing is too hard for you.
(Jeremiah 32:17)

PRAYERS FOR WHEN I NEED HELP

.....
Pray through the armor of God.

Read Ephesians 6:11-18 and then say a prayer to God like the one on the next page to put on your armor!

“Put on the full armor of God, so that you can take your stand against the devil’s schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God. And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord’s people.”

Ephesians 6:11-18



PRAYERS FOR PROTECTION

Jesus always wants to keep us safe because he loves us. There are three great things we can use to protect ourselves.

1. NAME OF JESUS

JESUS TELLS US THAT HE WILL PROTECT US AND KEEP US. HE WILL COVER US WITH HIS WINGS. THE BIBLE SAYS THAT THE NAME OF THE LORD IS A STRONG TOWER THAT WE CAN RUN TO DO WE CAN BE KEPT SAFE.

2. THE COVERING OF THE BLOOD OF JESUS

WHEN JESUS DIED ON THE CROSS FOR US, HIS PRECIOUS BLOOD WAS SHED. AND THAT BLOOD SAVED US, WASHES OUR SIN AWAY, AND IT PROTECTS US.

3. THE WORD OF GOD (THE BIBLE)

THE BIBLE IS FULL OF PRAYERS OF PROTECTION. IT IS SUCH A POWERFUL WEAPON AGAINST THE ENEMY. WE CAN PRAY GOD'S WORD OVER US AND OUR FAMILY. PSALM 91 IS ONE OF THOSE GREAT PRAYERS OF PROTECTION.

PRAYERS FOR OTHERS

**"I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people— for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all people to be saved and to come to a knowledge of the truth."
1 Timothy 2:1-4**



Fill in the list below with names of those in each category that you can be at praying for.

My Government

My Church

My School

My Family

My Friends

PRAYERS FOR ME
PRAYERS FOR ME
PRAYERS FOR ME



List Below What You Don't
Need To Be Afraid Of And
The Things You Can Have
Peace About.



✓
PEACE

PRAYERS FOR WHEN I FEEL AFRAID.

For God Has Not Given Us A Spirit Of Fears,
But Of power Love And Of A Sound Mind.
(2 Timothy 1:7)



Jesus,

Today I pray against the spirit of fear.

I command it to go by the authority that you have given me by your name.

I ask that you would give me peace, perfect love that casts out fear, and complete confidence in you.

Thank you that I don't have to be afraid.

Thank you that you are in control.

Thank you that you love me.

In Jesus' name, amen.

DO
NOT
BE
AFRAID



ARMOR OF GOD
ARMOR OF GOD
ARMOR OF GOD



GIVE THANKS EVERY DAY.

HAVING A THANKFUL HEART
IS SOMETHING THAT JESUS
LOVES. GIVING THANKS TO GOD
MAKES EVEN BAD DAYS GOOD.
A JUMP START TO PRAYING
THIS WAY IS BELOW. FILL
IN THE BLANKS AND
ADD YOUR OWN WORDS
OF THANKFULNESS!

HI DAD!

I AM SO THANKFUL FOR YOU AND ALL THAT YOU HAVE GIVEN ME.

TODAY, I THANK YOU FOR FAMILY!

I PRAY THAT YOU WOULD _____.

I THANK YOU THAT I GET TO WAKE UP AND HAVE A NEW DAY!

I PRAY TODAY FOR _____.

THANK YOU FOR ALL THE FOOD I GET TO EAT, THE CLOTHES I GET
TO WEAR, AND THE HOUSE I GET TO LIVE IN.

THANK YOU FOR _____.

THANK YOU LORD FOR DYING AND SAVING ME.

I AM SO THANKFUL FOR YOU! I LOVE YOU! (PSALM 96:1-2)

IN JESUS' NAME, AMEN.



PRAYER AND SCRIPTURE FOR EVERY DAY

My prayer list

Make a list of things you want to pray for every day.

●

●

●

God's word is truth

Replace the lies that
you might have heard
with what God says is true.

LIE I HAVE HEARD

WHAT GOD SAYS IS TRUE

"I Am Mean." _____

I Can Be A Friend
Like Jesus.

"I Am Ugly." _____

I Am Fearfully And
Wonderfully Made.

"I Don't Have Friends." _____

Jesus Loves Me And
I Am Never Alone.

"If I Lie, I Won't _____

I Can Tell The Truth
And Not Be Afraid.

Get In Trouble."

"If I do what's wrong,
I'll finally fit in." _____

My Identity Comes
From Jesus.

Ask Jesus To Look Inside Your Heart:

1. What do you need to ask for forgiveness about?
2. What do you need to forgive for?

Once you have prayed, color in the sentences below.

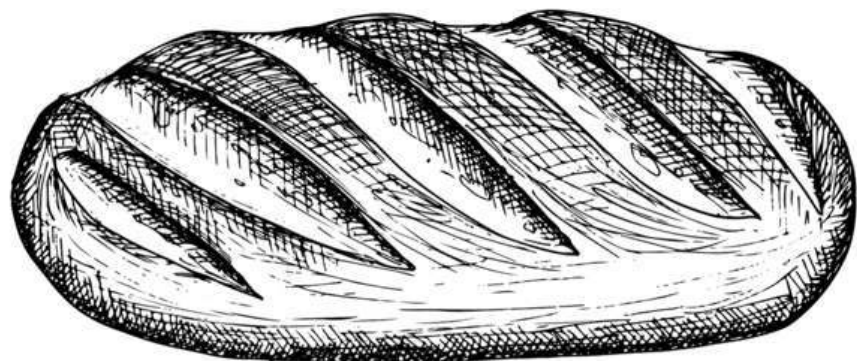
I AM

FORGIVEN.

I CAN

FORGIVE.

"GIVE US
THIS DAY
OUR DAILY
BREAD..."



ASK GOD FOR WHAT YOU NEED, AND THEN TRUST HIM TO
PROVIDE FOR YOU.

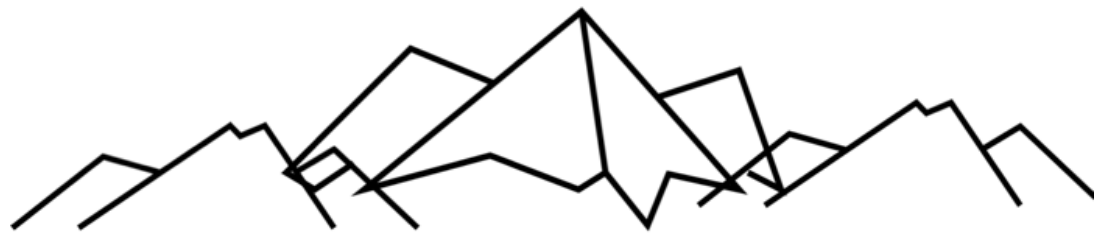
I LOOK UP TO THE MOUNTAINS- DOES MY HELP COME FROM
THERE? MY HELP COMES FROM THE LORD, WHO MADE
HEAVEN AND EARTH!

-PSALMS 121:1-2

THE BEST THING WE COULD EVER WANT IS WHAT GOD WANTS.

He will take care of everything else we need

List below and pray through the things
God wants for the world and you.



MATCH WHO HE IS WITH WHAT HE CAN DO!



HEALER

GOD IS ON MY SIDE AND
WILL FIGHT FOR ME.

FRIEND

GOD IS IN CHARGE AND
WANTS THE BEST FOR ME.

PEACE

I WILL CHOOSE JOY
BECAUSE
GOD IS MY JOY.

FORGIVENESS

HE IS MY HOPE FOR
EVERY SITUATION .

LOVE

HE FORGIVES ME FOR
ANYTHING I HAVE
DONE AND WILL DO.

HOPE

JESUS LOVES
ME THE MOST.

JOY

HE BRINGS ME PEACE NO
MATTER WHAT I GO THROUGH .

KING

HE IS ALWAYS WITH ME.

PROTECTOR

GOD HEALS ALL
OUR DISEASES.



COLOR A PICTURE OF
SOMETHING YOU ARE
BELIEVING GOD FOR.

MY PRAYER JOURNAL
