

## Week 5: Build Strong Relationships

### Thought

Strong relationships are an integral part of personal growth, helping others grow, and advancing God's Kingdom. As men of God, we need strong relationships with other godly men for support, accountability, encouragement, prayer, making decisions, and developing ideas. It's critical that we love others and feel loved. We are all bound to stumble and experience loss in life. When we do, these relationships will give us the support we need.

## Scripture

As iron sharpens iron, so one person sharpens another. Proverbs 27:17

Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up. Also, if two lie down together, they will keep warm. But how can one keep warm alone? Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken. Ecclesiastes 4:9-12

# **Discussion Questions**

- Using a scale of 1-10 with 1 being the lowest, how would you rate yourself on having strong relationships? Explain your answer.
- Strong relationships with other men are critical, but, as men, we sometimes think of ourselves as self-sufficient. What are some of the reasons you might hold back from building strong relationships with other men? Discuss what you can do to break down those barriers.

# **Action Step**

Who are a few men you know with whom you can build and develop strong, godly relationships? Call one of them and make plans to connect this week in person.