

# MAN TO MAN

## **Week 3: Live with Purity**

### **Thought**

As men of God, we are called to a life of purity. Most people associate purity with sexual morality (body), and that's certainly a big part of it. For example, over 50 percent of men regularly view pornography. However, in addition to our bodily purity, we need to think about purity as it applies to our minds, our souls, and our faith. When we seek to love God above everything else, including ourselves, we will become increasingly pure and holy. This will enable us to become the men God called us to be.

### **Scripture**

*Therefore, since we have these promises, dear friends, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God.*

2 Corinthians 7:1

*Blessed are the pure in heart, for they will see God.*

Matthew 5:8

*But just as He who called you is holy, so be holy in all you do.*

1 Peter 1:15

*All who have this hope in Him purify themselves, just as He is pure.*

1 John 3:3

### **Discussion Questions**

- Using a scale of 1 to 10, with 1 being the lowest, how would you rate your purity? Explain your answer.
- In what areas of your life do you struggle with purity (e.g. your words, relationships, finances, thoughts, physical actions)?
- How is your purity affected by the TV/movies you watch, the books you read, the music you listen to, and the places you go?
- Discuss how you can begin to daily pursue purity in the areas in which you struggle.

### **Action Step**

What practical step can you take this week to live a life of purity? Memorize one of the Scriptures above. Decide in advance that when you are tempted by impurity, you will meditate on this Scripture instead of choosing to give in to temptation. When you struggle, reach out to one of the men in your group to help you stay accountable.