My Story

Growing up, you would think I was very confident. Whether it was the soccer team or the cheerleading squad, I was always going for it, leading the pack! All A's student, athletic and academic scholarship. I knew how to put on a smile and make friends with anyone. Little did I know I was doing this to win other's approval. This is where I was finding my worth. If everyone liked me and I was doing "good", then I felt good. That would make me happy. Later on, I started finding my worth in boyfriends, relationships and it was ending up in heartbreak after heartbreak. Something was wrong inside, something was missing.

I was at my first LIFE retreat and toward the end of the retreat I closed my eyes and saw a vivid picture of me as a little girl running into the throne room of God, skidding in across the floor on my knees and jumping into the wide open arms of my Father! I had never felt such acceptance and love and joy! It was then that the Holy Spirit starting a mighty work in my life showing me who I am, how accepted and cherished I am and I can be totally confident in THAT! I can walk into a meeting and know, I've got this, God is with me, I'm His cherished daughter, He comes with me everywhere! The days that I mediate on who He is, all that He's done for me, how much He loves me and accepts me, I am soaring. It is a daily thing. Meditating on the *truth*. The world has other plans for us and they can look really appealing at times. But God's way is always better.

Fear of man will prove to be a snare, but whoever trusts in the LORD is kept safe. Proverbs 29:25

Those who look to him are radiant; their faces are never covered with shame. Psalm 34:5

Questions to Ask Yourself

- Who do you look to for your worth first? Your husband, your children, your best friend or the Father?
- When do you feel your best? After a beach trip, a workout, a night out with your girlfriends or in the Presence of your Father?

Final Thoughts

This week take some time to think about places that you may be putting your confidence that could possibly be competing with or taking the place of God. Practice His presence every morning and you will see your head is lifted! Put Him first in all areas and you will feel totally confident in *Him* and *His* power, which no man can move!

Surely, LORD, you bless the righteous; you surround them with your favor as with a shield. Psalm 5:12