

# WORSHIP THROUGH WORRY

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## SERMON NOTES:

*And you must love the Lord your God with all your heart, all your soul, all your mind, and all your strength.*

— **Mark 12:30 (NLT)**

It's easy to lose focus in crisis.

### 1. Worship is focusing my attention on God.

There's a difference between learning to quote the word and leaning on it.

*But you, dear friends, by building yourselves up in your most holy faith and praying in the Holy Spirit, keep yourselves in God's love as you wait for the mercy of our Lord Jesus Christ to bring you to eternal life.*

— **Jude 1:20-21 (NIV)**

### 2. Worship is expressing my affection to God.

*But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light.*

— **1 Peter 2:9 (NIV)**

*Shout with joy to the Lord, all the earth! Worship the Lord with gladness. Come before him, singing with joy.*

— **Psalms 100:1-2 (NLT)**

*Make a joyful noise unto the LORD, all the earth: make a loud noise, and rejoice, and sing praise.*

— Psalm 98:4 (KJV)

Praise shifts your perspective.

*For our light affliction, which is but for a moment, is working for us a far more exceeding and eternal weight of glory, while we do not look at the things which are seen, but at the things which are not seen. For the things which are seen are temporary, but the things which are not seen are eternal.*

— 2 Corinthians 4:17-18 (NKJV)

My finest hour is never my favorite hour.

**3. Worship is using my abilities for God.**

*But I want you to keep your head no matter what happens. Don't give up when times are hard. Work to spread the good news. Do everything God has given you to do.*

— 2 Timothy 4:5 (NIRV)

*And as the Spirit of the Lord works within us, we become more and more like him.*

— 2 Corinthians 3:18 (TLB)

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## **DISCUSSION GUIDE:**

1. In difficult and uncertain times, what tends to be your first reaction?
  - What does the Bible say about shifting your focus from worry to worship?
2. In the message, Pastor Jeremy's first point is that worship is focusing my attention on God. What do you find yourself focusing on lately?
  - Do you need to shift your focus? If so, what steps can you take this week to begin to shift your attention on God?

## *Hope City*

3. In Pastor Jeremy's  $2+2=4$  illustration, he explains the reality that we haven't solved the problem until we actually put the Answer in place. In ways do you need to start putting Jesus in place as the answer to your problems?
4. The second point in the message is that worship is expressing my affection to God. What are some ways you can be more affectionate towards God this week?
5. The final point is that worship is using my abilities for God. What gifts or talents has the Lord given to you?
  - How can you better steward those gifts and use them for His glory?
6. Keeping Mark 12:30 in mind, how can you better worship the Lord this week?